

# Salisbury & Swindon Foggy's

Wiltshire "invisible illness" Support  
(est. 29<sup>th</sup> June 2010)

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[www.butyoudontlooksick.co.uk](http://www.butyoudontlooksick.co.uk)

Working with other groups in Wiltshire

[www.wiltshire-support.co.uk](http://www.wiltshire-support.co.uk)



**Newsletter 15**

**10<sup>th</sup> October 2011**

Hi

Member numbers are now over 170 !!

Our next Salisbury meeting is this Friday 14<sup>th</sup> !! I had the wrong date on the website originally oops.

There was some concern over lighting once leaving the premises. I have passed on this concern and it is to be requested of them to consider outside lighting.



If you require a lift to meetings, please let me know, a number of people have volunteered to pick up and drop off.



Attending meetings is free, although the bucket appreciates coins as this goes towards refreshments.

Membership has changed. If you'd like a pack, please ask. I can email it over and/or post it to you.

There is now the one charge of £10 with extra charges for printing copies of literature available. If you join as a member you get free access to the members area and the literature available, which you can view and print at your leisure, also a relaxation CD from Swindon PCT. and Foggy's name badge.



There is a "virtual group" for our online people regarding Endometriosis run by Endometriosis UK. If you'd like to take part you'll need Skype and a microphone/headset, again please let me know if you wish to take part. I shall pass on your details to those concerned.



Just a reminder that the postal address now advertised is my for home address and is for correspondence only please. Thank you for your understanding.



Who saw a Fibromyalgia FMA UK awareness band on X-factor? My eagle eyed youngest spotted a member of the put together band "The Risk" wearing one.



At our last Swindon meeting, we had James Brown attend. He is an Engagement Officer for Swindon Local Involvement Network (LINK), who are supported by Voluntary Action Swindon. It didn't make a lot of sense to me either so this is his words

"In terms of VAS/LINK etc it is as simple as this: I am employed by VAS to specifically work on the LINK contract. Part of this work is to help support organisations to liaise with commissioners of services in the Borough and at NHS Swindon, and to help influence service delivery. In reply to it being right that groups work together: I am strongly of the belief that the closer groups work together, and share expertise and experience, the more effective it can be for everyone. Far from it being bad or anything else negative, it is an approach that is entirely sensible (especially with all the cuts!)"

If you'd like to be added to their emailing distribution list, to receive their bulletins. Please let me know I shall ask that you're added.

Swindon Carers also have distribution mailing if you'd like adding to them.

For Salisbury I also receive info. from Wessex Community Action if you'd like to receive their bulletins, again I can pass you on.

Swindon: changes to walk in support/care:

Carfax Street:  
Minor injuries 7am – 8pm  
01793 541655

Clover Centre:  
Urgent Care and Out of hours: 5pm – 8am.  
01793 646466 or 541111

Think that's all for now. Hope to see you soon, soft hugs

*Deb x*