

Swindon Foggy's

The Swindon "invisible illness" Support Group
(est. 29th June 2010)

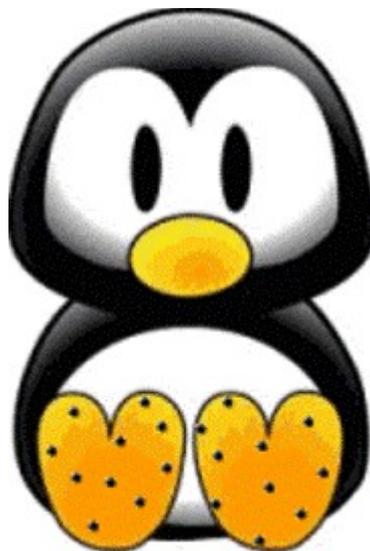
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Newsletter 12

6th July 2011

Hi



Happy Birthday to us !! Swindon Foggy's was 1 year old on the 29th June.

This time last year, Swindon Foggy's was just a seed of an idea. Our first meeting anniversary is 16th August 2011 and in 2010, I sat nervously waiting praying someone turned up, and around 50 people did. That was a great night !!

Meetings are free, although donations for refreshments are appreciated. Membership isn't compulsory, although there is a vast amount of information available to you (more on the website than printed). You get a free badge and relaxation CD too !! Membership application form attached.

I had been getting a bit despondent at the low turnout to meetings. Where have the 50 people gone? and the other 80+ people that have been in contact since.

We get around 10 to each meeting, and I thought perhaps I was doing something wrong or maybe people were put off for any reason. I have come to realise that if we're helping 10 people then we're working, that and the online people we keep in touch with. However, if we have put you off for any reasons, please let me know !! I know noise can be a factor, large crowd of people and just general agrophobic tendencies.



The forum idea didn't work out, therefore the online place to find me is facebook, as before. Decided it was too many places to login.

Hope you find facebook useful. There's nearly always a Foggy online.



25th June 2011 Team Foggy's took part in the Starlight Walk, and was completed in less than 2 1/2 hours. If you sponsored me, please forward monies, to pass on to Prospect. If you didn't sponsor but would like to, all donations grateful as it really is a worthy cause. I think Cancer has affected us all in one way or another, and the work they do is amazing !!



Please find attached an update on calendar events for 2011.

This weekend 8th – 10th July 2011, I will be at The Royal Agricultural College in Cirencester hosting a tombola in aid of Swindon Foggy's. The weekend is for Help for Heroes, and is a mini festival/cruise. Monies raised on the tombola stall goes directly to Swindon Foggy's ... please come and say hi. I'm on my own on Saturday, so will welcome people popping by.



If you haven't filled in a questionnaire, please do so. I look into other conditions you might suffer with or just want general info. on. Info can be found on website, although I have plans to include them as a print-out when I can sort that out.

Hope to see you soon, soft hugs

Deb

X

ATTACHED:

- MEMBERSHIP FORM
- QUESTIONNAIRE
- CALENDAR OF EVENTS