

Swindon Foggy's
The Swindon "invisible illness" Support Group

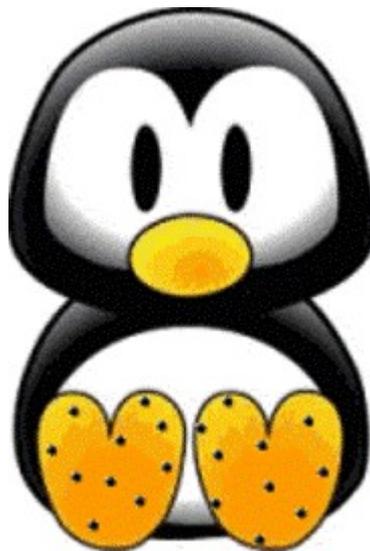
0844 887 2377

P O Box 3684
Swindon
SN3 9BW

deb.cooke@swindon-support.co.uk
swindon@wiltshire-support.co.uk

www.swindon-support.co.uk
www.swindon-fibromyalgia.co.uk

www.wiltshire-support.co.uk
www.wiltshire-fibromyalgia.co.uk



Newsletter 8

12th April 2011

Hi All

Hope you are well.

S. W. A. P. S. Fete tomorrow in Walcot. Poster attached. Ann and I will be there "womanning" a stall. We will be selling Foggy's merchandise, Bric-a-brac, couple of Tombola's and selling raffle tickets for FMA UK. One of our Tombola's "name the gnome" has a prize of Cloud Nine Floatation session worth £25 kindly donated by Swindon Chiropractic Centre. It'd be great if you can come along and say hi !

12th May is Fibromyalgia International Awareness Day !! So make sure you purchase your ribbon and/or badge !!

Clapham Hobbs booked for 9th May !! Please email for appointments. If we don't get enough takers this time, I won't be booking again. You are very welcome to go to them in Cricklade Road. Info. on website.

Foggy's membership:

- Online membership is a one off £10 includes free relaxation CD available in female or male voice.
- Printed pack membership is £15 this includes login details for our site and free CD as above.

The online membership is preferred, as the information now available to you cannot be printed in entirety. The printed pack is bare bones info. The printing costs would be horrendous and you wouldn't be able to lift the pack.

The website is constantly being updated, so keep visiting us.

You can see on the site, that we are now "working with" PMR GCA UK and The Gut Trust in addition to FMA UK & UK Fibromyalgia, which is great news for the group. This means we are their recognised Swindon Support Group and will be booking speakers to include these conditions too.

Meetings now have a £1 contribution charge please, this is to go towards drinks and hall hire. Otherwise it all comes out of mine and Ian's pockets.

There is now a separate page for the Amazon shop. Any of the items purchase through our page, although not buying from us direct, earns commission for Swindon Foggy's.

If you haven't completed one of our questionnaires, please do so and return it to me. Information given is kept confidential and the results are very useful.

25th June, my girls, friends and I are doing the Starlight Walk again, although the shorter of the 2. It was just a bit too much for my poor heels last year. Sponsors will be very welcome !!

Hope to see you soon and take care.

Deb x