

VENUE	DAY	DATE	GUEST SPEAKER OR MORE INFO.	TIME
SWINDON	WEDNESDAY	02/01/2013	JAMES MALONE OCCUPATIONAL THERAPIST, PERSONAL TRAINER & CERTIFIED TAI CHI FOR HEALTH, INSTRUCTOR	12pm - 2pm
SALISBURY	FRIDAY	11/01/2013	SHELLY BAKER AROMATIC THERAPY	7pm - 9pm
SWINDON	WEDNESDAY	06/02/2013	SAM FLETCHER & KATIE MILES LIFT PSYCHOLOGY	12pm - 2pm
SALISBURY	FRIDAY	08/02/2013	CHERYL BEENY TAI CHI	7pm - 9pm
SWINDON	WEDNESDAY	06/03/2013	"CARING AND SHARING" SOCIAL SESSION	12pm - 2pm
SALISBURY		08/03/2013	"CARING AND SHARING" SOCIAL SESSION	7pm - 9pm
SWINDON	WEDNESDAY	03/04/2013	"ALL ABOUT BENEFITS" INVESTIGATING THE MESS OF THE BENEFITS SYSTEM	12pm - 2pm
SALISBURY	FRIDAY	12/04/2013	"FOOD - FRIEND OR FOE" KATHY THOMAS, COMMUNITY DIETICIAN	7pm - 9pm
		15/04/2013	DEPRESSION AWARENESS WEEK (INCLUDING SEASONAL AFFECTIVE DISORDER)	
		APRIL	INTERNATIONAL I.B.S. AWARENESS MONTH	
<b>01/05/2013 FOGGY'S AWARENESS FORTNIGHT</b>				
SWINDON	WEDNESDAY	01/05/2013	"CARING AND SHARING" SOCIAL SESSION	12pm - 2pm
	SATURDAY	04/05/2013	SALISBURY GUILD HALL	9.30am - 1pm
SALISBURY	FRIDAY	10/05/2013	"WHEELCHAIRS & SCOOTERS" SALISBURY SHOPMOBILITY	7pm - 9pm
	SATURDAY	11/05/2013	ASDA WEST SWINDON FUNDRAISER	11am onwards
	SUNDAY	12/05/2013	INTERNATIONAL FIBROMYALGIA AWARENESS DAY	
		12/05/2013	M. E. & CHRONIC FATIGUE AWARENESS WEEK	
		13/05/2013	ARTHRITIS CARE AWARENESS WEEK	
	MONDAY	13/05/2013	ENDING FOGGY'S AWARENESS MONTH CENTRAL COMMUNITY CENTRE, SWINDON - THE LOUNGE !	6pm - 8pm
		MAY	INTERNATIONAL M.E. & CHRONIC FATIGUE SYNDROME AWARENESS MONTH	
SWINDON	WEDNESDAY	05/06/2013	"CARING AND SHARING" SOCIAL SESSION	12pm - 2pm
SALISBURY	FRIDAY	14/06/2013	"CARING AND SHARING" PIZZA EVENING	7pm - 9pm
SWINDON	WEDNESDAY	03/07/2013	JEANETTE AGE UK	12pm - 2pm
SALISBURY	FRIDAY	12/07/2013	"RELAXATION TAPES - WHAT WORKS FOR YOU?"	7pm - 9pm
SWINDON	WEDNESDAY	07/08/2013	"CARING AND SHARING" SOCIAL SESSION	12pm - 2pm
SALISBURY	FRIDAY	09/08/2013	<b>NO MEET TONIGHT SUMMER HOLIDAYS</b>	7pm - 9pm
	SATURDAY	31/08/2013	THE SUN INN COATE, SWINDON HAWAIIAN PARTY	TBC
SWINDON	WEDNESDAY	04/09/2013	"CARING AND SHARING" SOCIAL SESSION	12pm - 2pm
		08/09/2013	FIBROMYALGIA AWARENESS WEEK	
SALISBURY	FRIDAY	13/09/2013	"NORDIC WALKING" WITH TRISH COWIE	7pm - 9pm

SWINDON	WEDNESDAY	02/10/2013	MITESH PATEL MOBILE OPTICIAN	12pm - 2pm
SALISBURY	FRIDAY	11/10/2013	THERAPY LIGHTING FOR SAD	7pm - 9pm
	SATURDAY	12/10/2013	WORLD ARTHRITIS DAY	
SWINDON	WEDNESDAY	06/11/2013	"CARING AND SHARING" SOCIAL SESSION	12pm - 2pm
SALISBURY	FRIDAY	08/11/2013	"CARING AND SHARING" SOCIAL SESSION OR VISIT TO INSPIRE MOBILITY - TBC	7pm - 9pm
	MONDAY	02/12/2013	CHRISTMAS TREE FESTIVAL ST THOMAS CHURCH SALISBURY	
SWINDON	WEDNESDAY	04/12/2013	<b>CHRISTMAS PARTY - DETAILS TO FOLLOW</b>	12pm - 2pm
SALISBURY	FRIDAY	13/12/2013	<b>CHRISTMAS LUNCH OR DINNER - TBC</b>	7pm - 9pm