

EVENTSSALISBURY MEETINGSSWINDON MEETINGS

Day	Date	Time
	29th November - 4th December	
Wednesday	12th October	
Monday	10th October	
	4th - 11th September	
Wednesday	31st August 2011	
Saturday - Sunday	6th - 7th August 2011	Saturday 12pm (noon) until late Sunday
Saturday	30th July	12 - 3pm
Thursday	14th July 2011	
Friday - Sunday	8th - 10th July 2011	All weekend
Saturday	25th June 2011	Evening
	1st June 2011	
	25th May	
	23rd - 30th May	
	23rd - 29th May	
Saturday	21st May 2011	11am - 3pm
	12th May	
	8th - 14th May	

Wednesday	13th April	10am - 3pm
	11th - 17th April	
	8th - 11th April	
	Apr-11	
	7th - 13th March	
Thursday	24th February 2011	
Thursday	24th February 2011	
Tuesday	22nd February 2011	Afternoon 1 - 3pm
Saturday	22nd January 2011	
Tuesday	11th January 2011	Afternoon 1 - 3pm
Day	Date	Time
Friday	9th December 2011	7 - 9pm
Friday	11th November 2011	7 - 9pm
Friday	14th October 2011	7 - 9pm
Friday	9th September 2011	6.30 - 8.30pm
Day	Date	Time
Monday	10th December 2011	Evening 7.30pm onwards

Monday	19th December 2011	Evening 7.30pm onwards
Tuesday	6th December 2011	Afternoon 1 - 3pm
Monday	21st November 2011	Evening 7.30pm onwards
Tuesday	1st November 2011	Afternoon 1 - 3pm
Monday	17th October 2011	Evening 7.30pm onwards
Tuesday	4th October 2011	Afternoon 1 - 3pm
Monday	19th September 2011	Evening 7.30pm onwards
Tuesday	6th September 2011	Afternoon 1 - 3pm
Monday	15th August 2011	Evening 7.30pm onwards
Tuesday	2nd August 2011	Afternoon 1 - 3pm
Monday	18th July 2011	Evening 7.30pm onwards
Tuesday	5th July 2011	Afternoon 1 - 3pm
Monday	20th June 2011	Evening 7.30pm onwards
Tuesday	7th June 2011	Afternoon 1 - 3pm
Monday	16th May 2011	Evening 7.30pm onwards
Tuesday	3rd May 2011	Afternoon 1 - 3pm
Monday	18th April 2011	Evening 7.30pm onwards
Tuesday	5th April 2011	Afternoon 1 - 3pm
Monday	21st March 2011	Evening 7.30pm onwards
Tuesday	1st March 2011	Afternoon 1 - 3pm
Monday	21st February 2011	Evening 7.30pm onwards
Tuesday	1st February 2011	Afternoon 1 - 3pm
Monday	17th January 2011	Evening 7.30pm onwards
Tuesday	4th January 2011	Afternoon 1 - 3pm

BENEFITS INFO.

Event / information 2011

Foggy's Christmas Tree will be on display in
St Thomas's Church Salisbury
for their Christmas Tree Festival 2011

World Arthritis Day

World Mental Health Day

Fibromyalgia Awareness Week UK

Migraine Awareness Week UK

P O Box address is dropped due to ridiculous increase in charges.

The correspondence address is now:

15 Edale Moor
Liden
Swindon SN3 6LT

Please respect Deb's family home and do not use this as a drop-in address.

Thank you for your understanding

SOLAM Festival

The Summer of Love and Music festival

Roves Farm
Sevenhampton
Highworth SN6 7QG

Summer Fun Day

Old Sarum Community Rooms

9 Partridge Way
Old Sarum

Salisbury SP4 6PX

Swindon Foggy's sister group Salisbury Foggy's is setup

www.salisbury-support.co.uk

Help for Heroes

"Mini Cruise" 2011

Royal Agricultural College

Stroud Road Entrance

Cirencester GL7 6JS

www.h4h-mini-cruise.co.uk

Team Swindon Foggy's

Prospect Starlight Walk

Raising money for Prospect Hospice

Raising awareness for Swindon Foggy's

Name changed officially to "Swindon Foggy's"

from "Swindon Fibromyalgia"

International MS Awareness Day

Mental Health Awareness Week UK

MS Awareness Week UK

Neurological Fair

Stratton Community Centre

International Fibromyalgia & Chronic Fatigue Awareness Day

Chronic Fatigue / M. E. Awareness Week

Dystonia Awareness Week

Arthritis Awareness Week

Easter Fun Day
Swindon Walcot & Parks Community Group (SWAP)

Depression Awareness Week UK

Chichester Fibromyalgia pamper weekend
Richardsons Holiday Village

IBS Awareness Month

International Endometriosis Awareness Week

Now including other "invisible illnesses"

www.swindon-support.co.uk

Working together with Wiltshire Support Groups

www.wiltshire-support.co.uk

Clapham Hobbs Foot Care Session
(by appointment only)

Swindon Foggy's Night Out
Swindon Wildcats Ice Hockey
Swindon v Sheffield

Clapham Hobbs Foot Care Session
(by appointment only)

Salisbury Meetings 2011

Every second Friday

of the month:

7pm - 9pm

Mel Cane
Qualified Hypnotherapist
will be showing us a simple relaxation and visualisation exercise

Christmas themed meeting:
There will be a Tombola and Christmas goodies, eg. mince pies/cakes

Amanda Hargrave
talking about how she manages to get relief from pain
at our new venue:

Bishopdown Farm
The Pavilion
Ash Crescent
SALISBURY SP1 3GY

Sherry Fletcher
Physiotherapist
Salisbury Back Care
talking regarding their Hydrotherapy Group

Salisbury Foggy's
1st Group Meeting
Old Sarum Community Rooms
9 Partridge Way
Old Sarum SP4 6PX

Swindon Meetings 2011

Every first Tuesday of the

month: 1pm - 3pm

&

Every third Monday of the month:

7.30pm onwards

Christmas themed meeting:

There will be a Tombola and Christmas goodies, eg. mince pies/cakes

Christmas themed meeting:

There will be a Tombola and Christmas goodies, eg. mince pies/cakes

Dr Jon Freeman

Primary Care Psychology Service

Regarding the next free courses available

Neil Montgomery

Thamesdown Hydrotherapy Association

James Brown

ENGAGEMENT OFFICER | SWINDON LOCAL INVOLVEMENT Network (Link)

Supported by Voluntary Action Swindon

Helping people to influence Health and Social Care Commissioners and Providers

Jackie Wray

Swindon MS Therapy Centre

Neil Montgomery

Thamesdown Hydrotherapy Association

Dr Jon Freeman

Primary Care Psychology Service

James Brown

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Helping people to influence Health and Social Care Commissioners and Providers

Mr David Griffiths

Consultant Gynaecologist

Sarita Dugh

Wellness & Nutrition Presentation

Linda Horncastle

Alpha-Stim

Neil Montgomery

Thamesdown Hydrotherapy Association

Stephen Kelly

Swindon Chiropractic Centre

James Forrester-Wood

Swindon Chiropractic Centre

Neil Montgomery

Thamesdown Hydrotherapy Association

Dr Jon Freeman

Primary Care Psychology Service

Dr Jon Freeman

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